

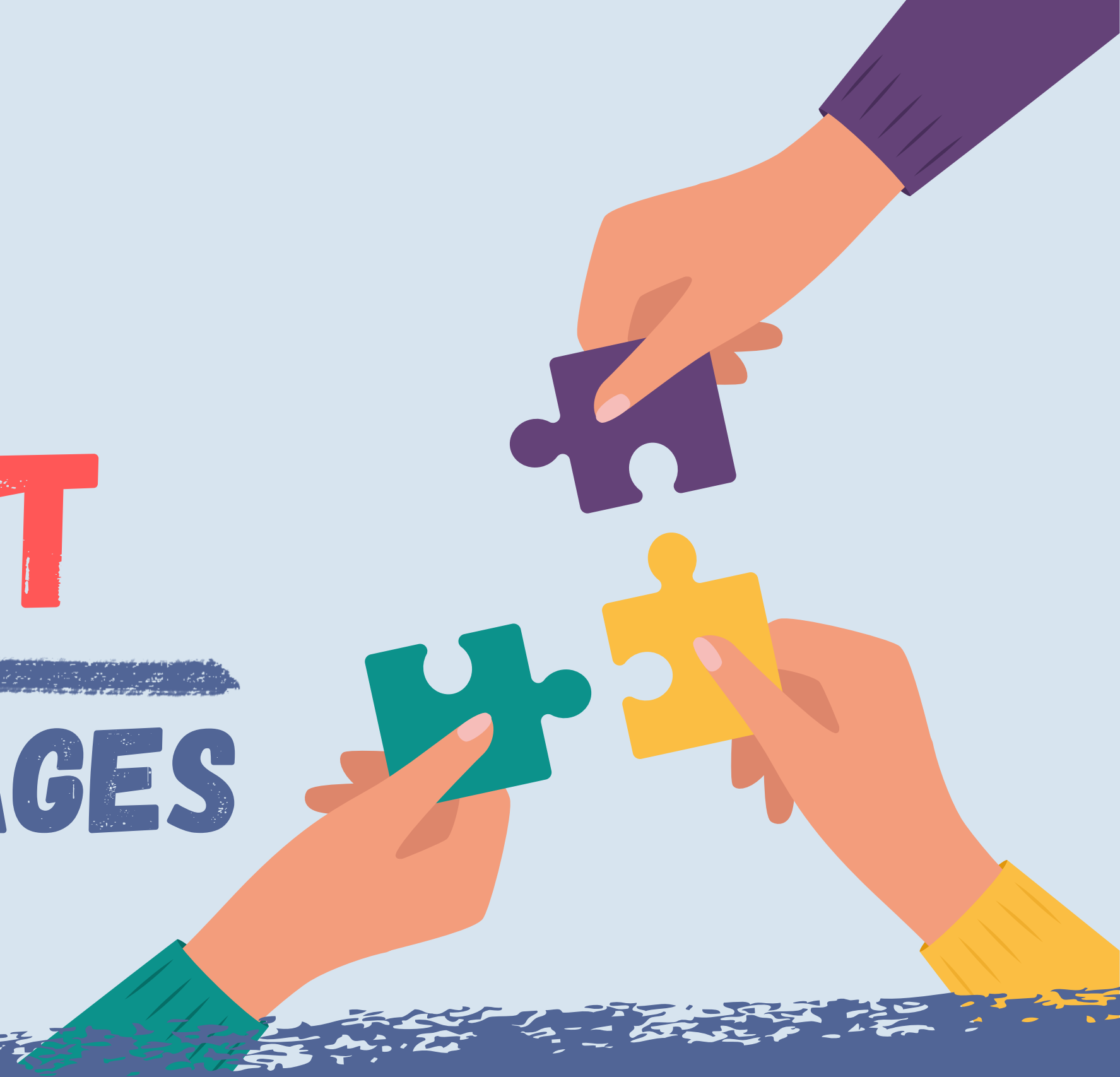


UNIVERSITY OF
OXFORD



OSCA PROJECT

WORK PACKAGES



WORK PACKAGE 1

TAILORING OSCA FOR YOUNG PEOPLE



WORK PACKAGE 1

- **MAKE NEW MODULES FOR THE CLASSROOM
+ FRIENDSHIPS AND BULLYING**
- **STUDIES TO TEST WHETHER THE
MODULES HELP**
- **CREATE AN APP TO LINK INTO OSCA**



WORK PACKAGE 2

**MAKING SURE MENTAL
HEALTH SERVICES
CAN OFFER OSCA**



WORK PACKAGE 2

- **WORK WITH SERVICES AND TRAINING PROVIDERS TO UNDERSTAND OBSTACLES**
- **WORK WITH YOUNG PEOPLE TO MAKE SURE ANY CHANGES ARE ACCEPTABLE**



WORK PACKAGE 3

**FINDING OUT IF OSCA CAN BE
DELIVERED IN EVERYDAY
SERVICES**



WORK PACKAGE 3

- **COMPARE OSCA TO TREATMENT AS USUAL DELIVERED IN THE SERVICES WHERE YOUNG PEOPLE ARE USUALLY SEEN**
- **RANDOMISED CONTROLLED TRIAL WITH YOUNG PEOPLE WITH SOCIAL ANXIETY RECRUITED THROUGH SERVICES**

